

### Zeitplan KM Einzel 1

Zeit	Lauf	Weit 1	Weit 2	Hoch	Ball 1	Ball 2
11:00	60m Hü W 12 (3)	W8/9 (5/9)	M8/9 (4/5)	W/M 10/11 (9/9)		
11:05	60m Hü W/M 13 (2/1)					
11:10					W/M 12 (9/3)	W/M 13 (10/1)
11:15	80m Hü W14/15 (3)					
11:20	80m Hü M 14/15 (1/1)					
11:25						
11:30						
11:35						
11:40	100m Hü WJU 18 (2)	W 10 /11 (8/12)	M 10 /11 (9/9)			
11:45						
11:50	100m M/MJU 18 (1/2)				M8/9 (4/5)	W8/9 (4/9)
11:55	100m WJU 18/20 (2/2)					
12:00	100m WJU 16 (6)					
12:05	100m MJU 16 (3)					
12:10						
12:15	75m W13 (11)					
12:20	75m W12 (13)					
12:25	75m M12/13 (3/1)			M/W 14/15/18/20	M 10 /11 (9/9)	W 10 /11 (8/10)
12:30				M/F (12)		
12:35	50m W 8 (5)					
12:40	VL 50m W 9 (9)	W/M 13 (11/1)	W/ M 12 (3/13)			
12:45	50m M 8 (4)					
12:50	50m M 9 (5)					
12:55	50m W 10 (8)					
13:00	50m W 11 (12)					
13:05	50m M 11 (9)					
13:10	50m M 10 (8)					
13:15						
13:20	EL 50m W9					
13:25						
13:30	300m W/M 15 (2)					
13:35	4x75m W/M U 14 (4/0)					
13:40						
13:45	200m M/WJU18/20 (5)					
13:50	4x50m W/M U 10 (2/1)					
13:55	4x50m W/M U 12 (3/3)					
14:00						
14:05	4x100m WJU 16 (1)					
14:10						
14:15	800m W 8/9 (5/5)					
alle Läufe	800m M 8/9 (4/4)					
	800m W 10 /11 (3/8)					
	800m M 10 /11 (5/5)					
	800m W 12 /13 (5/5)					
	800m M 12/13/14 (3/0/1)					
	800m M / MJU 18 (1/1)					